



Kenya Camp 16 – 25 March 2026

Terms and conditions



1. Costs

- The cost of the Kenya Running Camp from 16 – 25 March is **€ 1600 per person**.
- Accommodation is based on room-sharing (a twin room with two separate beds). For **an extra € 200** you can be guaranteed a single bedroom (limited availability). Please be aware that in some cases, guests that have not paid for a single room, still receive a single room, because there is no one to share with. Paying the extra € 200 guarantees that you will have your own bedroom.
- **Included** in your full-board stay are: three freshly prepared meals per day (breakfast, lunch and dinner), daily fruits (served during meals) and tea/coffee throughout the day. Clean drinking water is served during all meals.
- **Not included** in your stay are: flight ticket to Kenya (Nairobi, JKIA airport), domestic flight or transport from Nairobi to Eldoret, travelling insurance, e-visa (ETA), or any consumption (food or drinks) which is not served as part of the full-board. The safari is not included in the standard price of 1690 USD, but can be booked separately.

2. Organisation

- Kenya Camp starts with a welcome meeting on **Monday 16 March at 16.00**. It's your own responsibility to arrive in time at Eldoret airport (not later than 14.30) or Eldoret town.
- When booking a domestic flight, we recommend using Jambojet (www.jambojet.com), which has several flights a day from Nairobi to Eldoret. From Eldoret airport it's a 75 min drive to Iten. You also have the option to drive from Nairobi to Eldoret at your own initiative and expense, but keep in mind that flying is the safest option. Since end of 2024, Kenya Airways also operates flights to Eldoret.
- All Kenya Camp guests **will be picked up from Eldoret airport or Eldoret town** by our team, with private vans, and taken to their accommodation in Iten. During Kenya Camp all local transport in private vans is included, except for private activities (those activities that are not part of the official itinerary). You can use our vans for private activities, but kindly pay the driver directly.
- Each activity is optional. However, no reimbursement applies should you decide not to join some of the activities included.
- Run Camp Kenya **ends on Wednesday 25 March**, with a morning run. You will be taken to Eldoret airport during the day, to catch your domestic flight, unless you signed up for the safari, in which case you will be picked up by a safari van to go to Lake Nakuru national park.
- In case you want to book extra days at our accommodation, kindly let us know.

3. Wildlife Safari

- On 25 – 26 March, we organize an optional **wildlife safari**. The cost of this is **€ 275 per person**. This includes transport in a special safari vehicle (with a roof that can be opened for better viewing), with a professional safari driver. Furthermore, included are the entrance fee to Lake Nakuru national park, all game drives, one night of accommodation at a guesthouse inside the park, and transport back to Iten. Also included are lunch and dinner on the first day, plus breakfast on the second day. The restaurant lunch on day two is not included in the price. **Please note that we can only offer this safari at this price, if we have at least three participants.**
- The price of the wildlife safari is based on the current fees for Lake Nakuru National Park. In case the Kenyan government decides to raise the National Park fee, we will subsequently have to pass on those fees to our guests, and raise the cost of the safari. The same is the case when the price for transport (Safari Landcruiser or van), or accommodation is raised by a significant margin.
- During the time of booking, we will ask you if you want to join the safari. You have the option to decide on this later, including a few days before the safari starts. However, be aware that there may not be any space left in case you decide to book later.

4. Payment

- The **down payment** for taking part in Kenya Camp:
 - € 500 for a standard booking
 - € 600 for a booking with single roomThis down payment confirms that you signed up.
- The **remaining balance** for the camp is due four weeks before the camp starts. You will receive an invoice from us, after you have made the down payment. In case the full payment is not received in time, Kenya Camp reserves the right to cancel your booking.
- In the case of a **last minute booking** (less than four weeks before the camp starts), you are required to pay the full amount immediately.

5. Cancellation

- The down payment will **not be refunded** in case you cancel your booking. It can only be transferred and used for a future booking.

- Cancellation before 16 December 2025: 50% of the payment is transferred
- Cancellation on or after 16 December: the payment won't be transferred

To transfer your payment, you are allowed to use the amount for physiotherapy sessions with Victoria, Martins, or their respective teams in Vienna and Riga.

- A cancellation is only valid when this is sent to our e-mail address kenyacampofficial@gmail.com and you have received a written confirmation. In case of the unlikely event that you do not get a response from us, please contact us via WhatsApp: +254 790 225848.
Kenya Camp – www.kenya-camp.com – kenyacampofficial@gmail.com - @kenya_camp_iten

6. Confirmation and visa

After making the down payment, you will receive a booking confirmation from us, which you can use for the application of your ETA (electronic travel authorization). **The website for this is etakenya.go.ke (don't use any other website). Make sure you apply for a regular tourist visa.** When asked for the reason of your visit, mention tourism and NOT 'training and seminars' since this is meant for corporate training. You are responsible for making sure you have your ETA before arrival.

7. Marketing material

Kenya Camp reserves the right to use any photographs and videos taken during our camps for marketing and advertising purposes. By signing up for the camp, you give consent to Kenya Camp and its camp partners to use these photographs and videos on social media and website. All photographs and videos will also be shared with you, free of charge. In case there are any specific pictures or videos that you would not like us to use, kindly let us know.

8. Fitness of the participants

- Kenya Camp is an active experience that is meant for runners of all levels. However, it's important that everyone who signs up and takes part is fit and able to handle the activities in the itinerary. By booking, you acknowledge that some activities may be physically demanding.
- If you or anyone in your group has a medical condition, disability or injury, that could affect participation, please let us know in full before booking. This helps us to advise you on whether the camp is suitable and allows us to plan for your needs where possible.
- Kenya Camp is not responsible in case you can't join certain sessions or activities during the camp, due to an injury, disability or medical condition, and no reimbursement will be given in this case.
- We ask you to inform us about all such injuries, disabilities or medical conditions before the camp starts, so that we can take this into account when hosting and coaching you.

9. Vaccinations

Kindly confirm with your local health authorities which vaccinations are recommended. Any advice given by Kenya Camp is non-medical in nature. Kenya Camp staff can't be held responsible for any illness as a result of travelling to Kenya.

10. Attendance Martins and Victoria

Martins Kadarozols and Victoria Lampret are not operators, or providers of the Kenya Running Camp. All organizational, administrative, and logistical responsibilities, including bookings, payments, accommodations, and related services, are solely managed and provided by Kenya Camp.

The role of the Physio Experts is limited to:

- Guiding participants during selected training sessions;

- Sharing personal and professional experience in the field of running and physiotherapy;
- Holding educational seminars and group discussions;
- Providing optional individualized physiotherapy consultations and sessions during the camp.

11. Limitation of liability and responsibility

Although the area around Iten and Eldoret is generally considered very safe, trips of any nature involve an element of risk. By signing up with Kenya Camp, you except full responsibility for all risks involved, included but not limited to sickness, injuries, loss or damage of property, and loss of life. By booking you acknowledge these risks and agree that:

- You, and anyone on your booking, take full responsibility for participation
- Kenya Camp, it's team, staff and partners cannot be held liable for injuries, losses, or damages that occur during the camp.
- This includes any issues caused by weather, other participants, or third-party suppliers.

Our goal is to provide a safe and enjoyable experience, but everyone participates at their own risk.

The total liability of the company and it's partners, if any, is limited to the amount you have paid for the booking.

12. Indemnification

By joining Kenya Camp, you agree to take full responsibility for your actions and those of anyone in your booking. This means you will protect and hold harmless the company, its team and partners from any claims, costs or losses that result from your actions, or from not following the rules and agreements outlined in your booking.